

Patient Instructions

Name of Patient: James Miller

age 4

Description of the patient & instructions to simulator:

You are James' mum, Lorna Jackson.

PSO

There's me, James (4) and John (6).

Dad (Robert) is kind of on the scene but not living with you. Neither of you smokes.

You are 33 weeks pregnant. Things are going well.

First line and history

He's been suffering from pains in his legs, he's waking up during the night and he's screaming. I spoke to my health visitor about it, and she's quite certain it is just growing pains, but she said to come and see you anyways.

He just seems like he's in a lot of pain when it is happening, I'm having to massage his legs, or use a hot water bottle wrapped up.

A couple of months now, but I did just think it was growing pains. But he's just not settling when it is happening.

No, it's... I'd say about... It's not really regular, it's just once every- once a week or...

If the doctor asks if there was any other issue:

"This, it might seem stupid, but the cradle cap."

You don't see to be able to shift it. You tried some sort of shampoo for it...it was pink (Keto... something I think), a couple of years ago. It helped but the problem just came back when we ran out of it.

Ideas – I reckon it's just growing pains. My health visitor also thinks it is growing pains, but said to see the GP anyway.

Concerns – No. But if pressed: "I just want to rule other things out."

Expectation – Just to be reassured and to get some advice about how to treat the growing pains